



MAASA F3A F-Schedule 2018/19

Schedule Description

	K-Factor
F-19.01 Square Loop with ½ roll integrated, ½ roll integrated, ½ roll integrated, ½ roll integrated From upright, perform a square loop while performing a ½ roll integrated in each corner, exit upright.	4
F-19.02 Figure 9 with two rolls From upright, pull through a ¼ loop into a vertical upline, perform two consecutive rolls, push through a ¾ loop, exit inverted.	3
F-19.03 Vertical 8 with roll integrated From inverted, pull through a loop, pull through another loop while performing a roll integrated in the last 90° of the first loop and in the first 90° of the second loop, exit inverted.	5
F-19.04 Stall Turn with consecutive ½ rolls in opposite directions From inverted, push through a ¼ loop into a vertical upline, perform a stall turn in a vertical downline, perform consecutively two ½ rolls in opposite directions, push through a ¼ loop, exit inverted.	3
F-19.05 Push-Knife-Edge-Push Humpty-Bump with 1 ¼ snap-roll, 1 ¼ snap-roll From inverted, push through a ¼ loop into a vertical upline, perform a 1 ¼ snap-roll, perform a ½ knife-edge loop into a vertical downline, perform a 1 ¼ snap-roll, push through a ¼ loop, exit inverted.	6
F-19.06 Shark Fin with four consecutive ¼ rolls, ½ roll From inverted, push through a ¼ loop into a 45° upline, perform consecutively four ¼ rolls, pull through a ¾ loop into a vertical downline, perform a ½ roll, push through a ¼ loop, exit inverted.	3
F-19.07 Roll Combination with four ¼ rolls, four ¼ rolls in opposite direction From inverted, perform consecutively four ¼ rolls and four ¼ rolls in opposite direction, exit inverted.	4
F-19.08 Top Hat with two consecutive ¼ rolls, roll From inverted, push through a ¼ loop into a vertical upline, perform consecutively two ¼ rolls, pull through a ¼ loop into inverted flight, pull through a ¼ loop into a vertical downline, perform a roll, push through a ¼ loop, exit inverted.	3
F-19.09 Two Horizontal Circles with ½ roll to the inside integrated, roll integrated in opposite direction, ½ roll integrated in opposite direction From inverted, perform two horizontal circles with a ½ roll to the inside integrated in the first 180°, a roll integrated in the following 360° in opposite direction, a ½ roll integrated in the final 180° in opposite direction, exit inverted.	6
F-19.10 Trombone with roll From inverted, push through a ¼ loop into a 45° upline, perform a roll, pull or push through a ½ loop into a 45° downline, pull through a ¾ loop, exit upright.	2
F-19.11 Double Fighter Turn with ¼ roll, ¼ roll From upright, pull through a ¼ loop into a 45° upline, perform a ¼ roll, push through a ½ knife-edge circle into a 45° downline, perform a ¼ knife-edge loop into a 45° upline, push through a ½ knife-edge circle into a 45° downline, perform a ¾ roll, push through a ¾ loop, exit inverted.	6
F-19.12 Inverted Figure Et with ½ roll, roll From inverted, push through a ¼ loop into a 45° upline, perform a ½ roll, push through a 7/8 loop into a vertical upline, perform a roll, pull through a ¼ loop, exit inverted.	4
F-19.13 Inverted Spin with two turns, two consecutive ¼ rolls From inverted, perform an inverted spin with two turns, perform a vertical downline, perform consecutively two ¼ rolls, pull through a ¼ loop, exit upright.	4
F-19.14 Pull-Push-Pull Humpty-Bump with snap-roll, ½ roll (Option: with 1 ¼ snap-roll, ¼ roll) From upright, pull through a ¼ loop into a vertical upline, perform a snap-roll, push through a ½ loop into a vertical downline, perform a ½ roll, pull through a ¼ loop, exit upright. Option: From upright, pull through a ¼ loop into a vertical upline, perform a 1 ¼ snap-roll, push through a ½ loop into a vertical downline, perform a ¾ roll, pull through a ¼ loop, exit upright.	4
F-19.15 Roll Combination with consecutive two ¼ rolls, roll in opposite direction, consecutive two ¼ rolls in opposite direction From upright, perform consecutively two ¼ rolls, a roll in opposite direction, two ¼ rolls in opposite direction, exit inverted.	4
F-19.16 Half Loop with two ½ rolls in opposite directions integrated From inverted, push through a ½ loop while performing a ½ roll integrated in the first 90° and a ½ roll in opposite direction integrated in the second 90°, exit upright	4
F-19.17 45° Downline with consecutive ½ roll, two snap-rolls in opposite directions, ½ roll From upright, perform a ½ roll, pull through a ¼ loop into a 45° downline, perform consecutively two snap-rolls in opposite directions, push through a ¼ loop, perform a ½ roll, exit upright.	5