



## MAASA Advanced Schedule 2018/19

### Schedule Description

	<b>K-Factor</b>
<b>A-19.01 Inverted Triangle loop with roll</b> From upright, pull through a $\frac{1}{8}$ loop into a $45^\circ$ upline, pull through a $\frac{3}{8}$ loop to top baseline, perform one roll, pull through $\frac{3}{8}$ loop into a $45^\circ$ downline, pull through a $\frac{1}{8}$ loop, exit upright.	<b>3</b>
<b>A-19.02 Stall Turn</b> From upright, pull through a $\frac{1}{4}$ loop into a vertical upline, perform a stall turn into a vertical downline, pull through a $\frac{1}{4}$ loop, exit upright.	<b>2</b>
<b>A-19.03 Cuban 8 with <math>\frac{1}{2}</math> roll, <math>\frac{1}{2}</math> roll</b> From upright, pull through a $\frac{3}{8}$ loop into a $45^\circ$ downline, perform a $\frac{1}{2}$ roll, pull through a $\frac{3}{4}$ loop into a $45^\circ$ downline, perform a $\frac{1}{2}$ roll pull through a $\frac{1}{8}$ loop, exit upright.	<b>3</b>
<b>A-19.04 Half square loop with <math>\frac{1}{2}</math> roll</b> From upright, pull through a $\frac{1}{4}$ loop into a vertical upline, perform a $\frac{1}{2}$ roll, push through a $\frac{1}{4}$ loop, exit upright.	<b>2</b>
<b>A-19.05 Spin with 3 turns</b> From upright, perform a spin with 3 turns, perform a vertical downline, pull through a $\frac{1}{4}$ loop, exit upright.	<b>3</b>
<b>A-19.06 Reverse Sharks Tooth, <math>\frac{1}{2}</math> roll on <math>45^\circ</math> upline</b> From upright, pull through a $\frac{1}{8}$ loop into a $45^\circ$ upline, perform a $\frac{1}{2}$ roll, pull through a $\frac{3}{8}$ loop into a vertical downline, pull through a $\frac{1}{4}$ loop, exit upright.	<b>3</b>
<b>A-19.07 Figure 9 with <math>\frac{1}{2}</math> roll</b> From upright, pull through a $\frac{1}{4}$ loop into a vertical upline, perform a $\frac{1}{2}$ roll, push through a $\frac{3}{4}$ loop, exit inverted.	<b>3</b>
<b>A-19.08 Push-Pull-Pull Humpy-Bump with Full Roll on Downline (Option: with <math>\frac{1}{4}</math> roll, <math>\frac{1}{4}</math> roll)</b> From inverted, push through a $\frac{1}{4}$ loop into a vertical upline, pull through a $\frac{1}{2}$ loop into a vertical downline, perform a full roll, pull through a $\frac{1}{4}$ loop, exit upright Option: From inverted, push through a $\frac{1}{4}$ loop into a vertical upline, perform a $\frac{1}{4}$ roll, pull through a $\frac{1}{2}$ loop into a vertical downline, perform a $\frac{1}{4}$ roll, pull through a $\frac{1}{4}$ loop, exit upright.	<b>4</b>
<b>A-19.09 Stall Turn with <math>\frac{1}{4}</math> roll, <math>\frac{1}{4}</math> roll</b> Pull through a $\frac{1}{4}$ loop into a vertical upline, perform a $\frac{1}{4}$ roll, perform a stall turn into a vertical downline, perform a $\frac{1}{4}$ roll, pull through a $\frac{1}{4}$ loop, exit upright.	<b>3</b>
<b>A-19.10 Half Reverse Cuban 8 with <math>2/4</math> roll</b> Pull through a $\frac{1}{8}$ loop into a $45^\circ$ upline, perform consecutively two $\frac{1}{4}$ rolls, pull through a $\frac{3}{8}$ loop, exit upright.	<b>2</b>
<b>A-19.11 Straight Line with full roll, full roll opposite</b> From upright, perform two full rolls in opposite directions, exit upright.	<b>3</b>
<b>A-19.12 Immelman Turn with <math>\frac{1}{2}</math> roll</b> From upright, pull through a $\frac{1}{2}$ loop, perform a $\frac{1}{2}$ roll, exit upright	<b>2</b>
<b>A-19.13 Outside Loop with Snap Roll at top</b> From upright, push through a loop, perform a snap roll at the completion of the loop (top), exit upright.	<b>4</b>
<b>A-19.14 Half Square Loop with <math>\frac{1}{2}</math> roll</b> From upright, push through a $\frac{1}{4}$ loop into a vertical downline, perform a $\frac{1}{2}$ roll, pull through a $\frac{1}{4}$ loop, exit upright.	<b>2</b>
<b>A-19.15 Four Point Roll</b> From upright, perform a 4-point roll, exit upright.	<b>4</b>
<b>A-19.16 Half Cuban 8 with <math>\frac{1}{2}</math> roll</b> From upright, pull through a $\frac{3}{8}$ loop into a $45^\circ$ downline, perform a $\frac{1}{2}$ roll, exit upright.	<b>2</b>
<b>A-19.17 Square Loop with <math>\frac{1}{2}</math> roll on Legs 1 &amp; 3, Snap Roll on Leg 2</b> From upright perform a square loop, perform a $\frac{1}{2}$ roll in leg 1, perform a snap roll in leg 2, perform a $\frac{1}{2}$ roll in leg 3, exit upright.	<b>5</b>